



## Susan Chiarella

Susan has many years of hiking experience in New England. Additionally, she has hiked in British Columbia, Alberta, Nova Scotia, Quebec, Alaska, Arizona, Hawaii and Madeira Island, Portugal. She formerly volunteered as a hiking instructor for New Hampshire Fish and Game's Becoming an Outdoor Woman program held at Squam Lake. Currently, she serves as one of the directors for the Sunapee Ragged Kearsarge Greenway Coalition, the organization based in New London that maintains a regional 75-mile hiking trail system. She is an avid snowmobiler and kayaker who resides with her husband, Michael, and four-legged companion, Corgi, in Springfield, New Hampshire.



## It's All About the Hike

**Study Leader: Susan Chiarella**

**Monday, 9:30 – 11:30 a.m. & TBD**

**4 sessions over 2 weeks beginning July 8**

**AIL Classroom, Lethbridge Lodge, Colby-Sawyer College  
& Various Local Hiking Trails**

**Maximum number of participants: 12**

**A**re you interested in walking the beautiful trails around the Kearsarge area but don't know where to start? All About the Hike is a perfect introduction to enjoying the local trails on your own, with a friend, partner or your grandchildren.

The course will begin with a session in the AIL classroom covering hiking basics, as well as a review of the Sunapee Ragged Kearsarge Greenway (SRKG) guidebook and map. You will learn briefly about how this 75-mile loop of trails connecting Sunapee, Ragged and Kearsarge Mountains came to be.

**During the first session, three hikes will be planned: one later in the first week, and two additional hikes the following week, considering the weather and availability of participants.** The group will meet four times in total over a two-week period at local trailheads and hike three of the most manageable SRKG trails together.

Join us to learn about an amazing local resource, enjoy the outdoors, and connect with fellow nature enthusiasts! Experienced hiking instructor Susan Chiarella will also give recommendations for future hikes.

*Please note: Participants should be able to walk three miles on easy but uneven terrain.*

### Strongly Recommended Course Materials:

- *SRK Greenway Trail Guide* (\$15)
- *SRK Greenway Trail Map* (\$8)

Both the trail guide and map are available for purchase at Morgan Hill Bookstore in New London.